

# Emerald Isle

WALL HANGING / TABLE TOPPER



Celebrate St. Patrick's Day in style with a project that can be a **wall hanging** or **table topper**.

Use your **belt loop folder(s)** with bias cut fabric to create a stunning **Celtic Knot Heart** design. This meaningful symbol represents **unity**, **eternity**, and **interconnectedness** a perfect reflection of the timeless art of sewing and the **threads that connect** our creative community.

## FINISHED DIMENSIONS:

18 ½-inch square (approx.)

**Note:** A template is included to shape the belt loop folder strips for the design. If creating your own design, allow approximately 8" x 8" for the design area.

Have a **question** or want to **share** your make? E: [gail@gailpatrice.com](mailto:gail@gailpatrice.com)

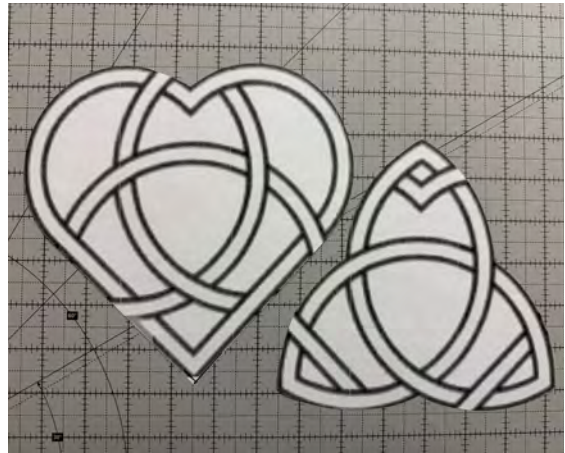
## PREPARE THE TEMPLATE

The pattern template pages are included at the end on pages 12-13. **Print all template pages at 100% or Actual Size.**

The **triangle template (9½" × 13½")** is tiled across Pages 12 and 13. Align the pages using the guides and tape them together to complete the triangle template.

Print **two** additional **copies** of **Page 13** for the Celtic Knot and Heart templates:

- One for the heart shape template
- One for the Celtic Knot template
- One for placement on the center panel



## SUPPLIES

**Four coordinating fabrics** were used in the featured pattern.

### Machine & Accessories:

- **BERNINA L890** combo overlock/coverstitch serger
- **C27 Clear Standard** Presser Foot or **C28 Clear Cover/Chainstitch** Foot (*recommended*)
- **Belt Loop Folder(s)**



## SUPPLIES

### Needles

- (2) ELx705 needles, size 90/14
- (1) Topstitch needle, size 90/14

### Threads

- (1) or (2) colors 12-wt decorative thread
- (3) serger cone threads

### Tools

- Glue stick
- Padded board for shaping Belt Loop Folder strips

## OPTIONAL EMBELLISHMENTS

- **Thread Fusion** for blending thread colors when coverstitching Belt Loop Folder strips or chainstitching the background
- Ribbon for weaving through reverse flatlock ladders
- Crystals, beads, or buttons
- Bodkin or double-eye needle for weaving ribbons or fibers



## FABRIC & CUTTING

### CENTER PANEL

Cut:

- (1) 13" square quilting cotton
- (1) 13" square fusible woven interfacing

### CORNER PANELS

From contrasting fabric, cut:

- (4) 9½" × 13½" triangles

### CELTIC KNOT HEART STRIPS

Cut bias strips totaling approximately 85" in length.

If **layering two** Belt Loop Folder strips, use different fabrics for each strip.

### BACKING

Cut: (1) 19" square quilting cotton

### BATTING

Cut: (1) 19" square lightweight batting or fusible batting

### BINDING

Cut 2½"- wide strips totaling approximately 85".

## BELT LOOP FOLDER NOTES

The sample project uses **two BERNINA Belt Loop Folders:**

**15/30 Folder** – finishes **5/8"** wide

**10/20 Folder** – finishes **3/8"** wide

The narrower strip is layered on top of the wider strip.

You may use **any width strips**, and the design will still be beautiful if using only one size.

Because the knot requires a long strip, you may need to **piece multiple bias strips together**. The joins can be **hidden beneath intersections of the knot design**.



## CONSTRUCTION

**Create Belt Loop Folder Strips:**

1. Prepare **approximately 85"** of **bias strips** for the Celtic Knot design.

You may choose to use one width, or two layered widths of Belt Loop Folder strips.

If layering two strips, use different fabrics for each layer.



## SINGLE BELT LOOP FOLDER STRIP (Optional)

If using **ONE Belt Loop Folder strip** (any width) with decorative thread(s), **follow** threading and strip-width instructions for the 10/20 folder below.

## DOUBLE-LAYER FOLDED STRIPS



### WIDE STRIP (Bottom Layer)

**15/30 Belt Loop Folder**

Cut bias strips: **1¼" wide**

#### Machine Setup:

Stitch: **Wide Coverstitch** (#22)

Stitch Length: **3.5**

#### Threading:

Needles: **serger cone** thread

Chain looper: **serger cone** thread



### NARROW STRIP (Top Layer)

**10/20 Belt Loop Folder**

Cut bias strips: **7/8" wide**

#### Machine Setup:

Stitch: **Narrow Coverstitch** (#23 or 24)

Stitch Length: **3.5**

All tensions normal (*variable depending on your machine*)

#### Threading:

Needles: **serger cone** thread

Chain looper: **12-wt decorative thread(s)**



SCAN QR code for a Belt Loop Folder Tips & Tricks Video



## CREATE BELT LOOP FOLDER STRIPS

Before stitching your project, make a sample to test settings and threads. It's a great way to fine-tune your stitch and ensure beautiful results.

2. If **blending (2) 12-wt threads**, use the **Thread Fusion** on the looper spool pin.



3. Attach the **belt loop folder** and **stitch** the bias **strips**.



4. Press **with steam**, gently stretching the strips while pressing.

## Join the Two Belt Loop Strips

5. Apply a light coat of glue to the wrong side of the narrower strip.



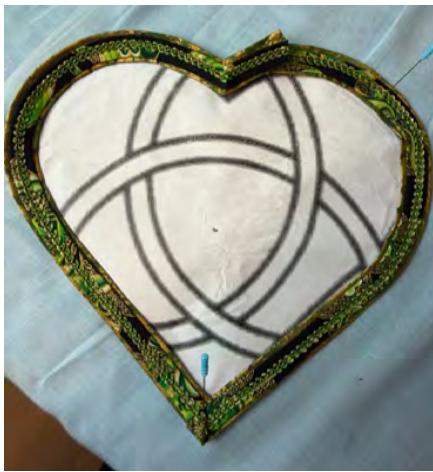
6. Center the narrow strip on top of the wider strip.
7. Finger-press in place and **allow to dry**.



## SHAPE THE STRIPS

Pre-shaping makes the belt loop folder strips easier to position on the fabric.

8. Pin the paper heart template to a padded surface.



9. Gently contour the Belt Loop strips along the shape. Pin in place and press with plenty of steam. Allow to cool and dry.

10. Repeat this process using the Celtic Knot template.

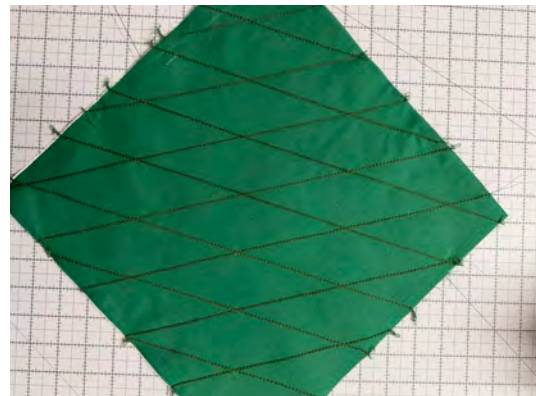


## PREPARE CENTER PANEL

### Cut:

- (1) 13" square quilting cotton
- (1) 13" square fusible woven interfacing

**Note:** The center panel may be oriented on point or as a square. Both options work well. The chainstitched diamond grid quilting is optional but adds dimension to the background. It can also be quilted on your sewing machine if desired.



11. Trace the knot design on the center of the square's right side.

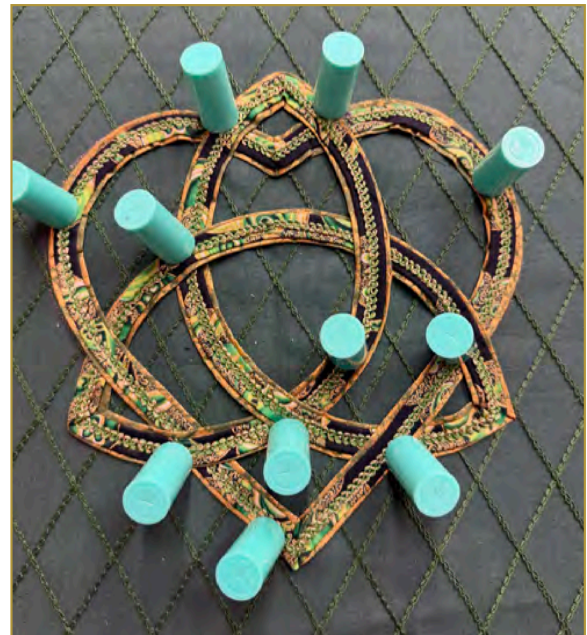


## PREPARE CENTER PANEL

12. Apply a thin layer of glue along the traced design lines.
13. Carefully transfer the pre-shaped Belt Loop heart and knot onto the center panel.



15. Finger-press in place and allow the glue to dry. Use pins or magnets if needed to secure the shaped strips.



14. You may need to **piece and weave the bias strips**. The joins can be **hidden beneath intersections of the knot design**.



## STITCH THE KNOT

### Machine Setup

Stitch: **Wide Coverstitch**

Stitch Length: **3.6**

Presser Foot Pressure: **1**

**Lower presser foot pressure** slightly to make it easier to **steer around curves**.

Thread the **needles** and **chain looper** with thread that **closely matches the Belt Loop strip fabric**.

16. Position the needles so they **straddle the decorative coverstitching**. Stitch through both Belt Loop layers (*or the single strip*).

**Tip:** Using **100-wt thread in the needles** will make the stitching nearly invisible.



## ATTACH CORNER TRIANGLES



### Machine Setup:

Stitch: **2-Thread Wide Reverse Flatlock (#11)**

Stitch Length: **2.5**

### Threading:

**Left topstitch needle:** 12-wt decorative thread (tension 1.0)

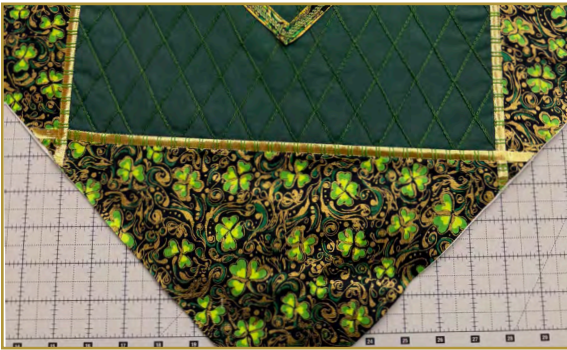
**Upper looper:** use upper looper converter (no thread)

**Lower looper:** serger cone thread (tension 9.0)

SCAN QR code for a *Reverse Flatlock Serger Tip Clip Video*

## ATTACH CORNER TRIANGLES

17. With **right sides together**, pin or clip triangles to the center panel.
18. Stitch with the **center panel facing up**.
19. Gently pull the seam open and **press flat**.
20. Repeat for **all four corners**.



21. Trim the outer edges even. The block should measure approximately **18½" square**.

Optional: **Weave ribbon or decorative fibers** through the reverse flatlock ladders. Leave tails long enough to be secured in the binding later.

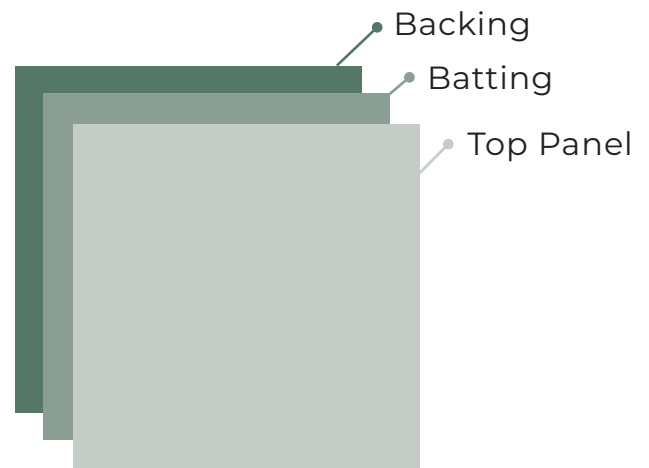


## ASSEMBLE LAYERS

22. Fuse the **batting** to the back of the Top Panel.
23. Add the **backing fabric** to form the quilt sandwich.

If using **double-sided fusible batting**, fuse **one side at a time**.

Pin layers to secure.



## BINDING



24. Cut **2½"- wide** strips totaling approximately **85"**.

## ATTACH THE BINDING

**Tip:** This method uses **fusible thread** to hold the binding in place before final stitching.

25. Join the **2½"-wide binding strips** on your sewing machine.
26. Fold in **half lengthwise** and press.
27. With all **raw edges even**, stitch to the front of the project.



28. Stitch each edge **skimming off the whiskers**. Stop **¼"** before each corner. Miter the corners and continue stitching.

**The fusible thread will be on the back side** of the project and will hold the binding securely when pressed to the wrong side.



### Machine Setup:

Stitch: **4-Thread Overlock**

Stitch Length: **2.5**

Cutting/Stitch Width: **6.0**

*(Creates approximately a ¼" seam allowance.)*

### Threading:

**Left overlock needle:** serger cone thread (tension 6.0)

All other tensions normal

**Right needle:** serger cone thread

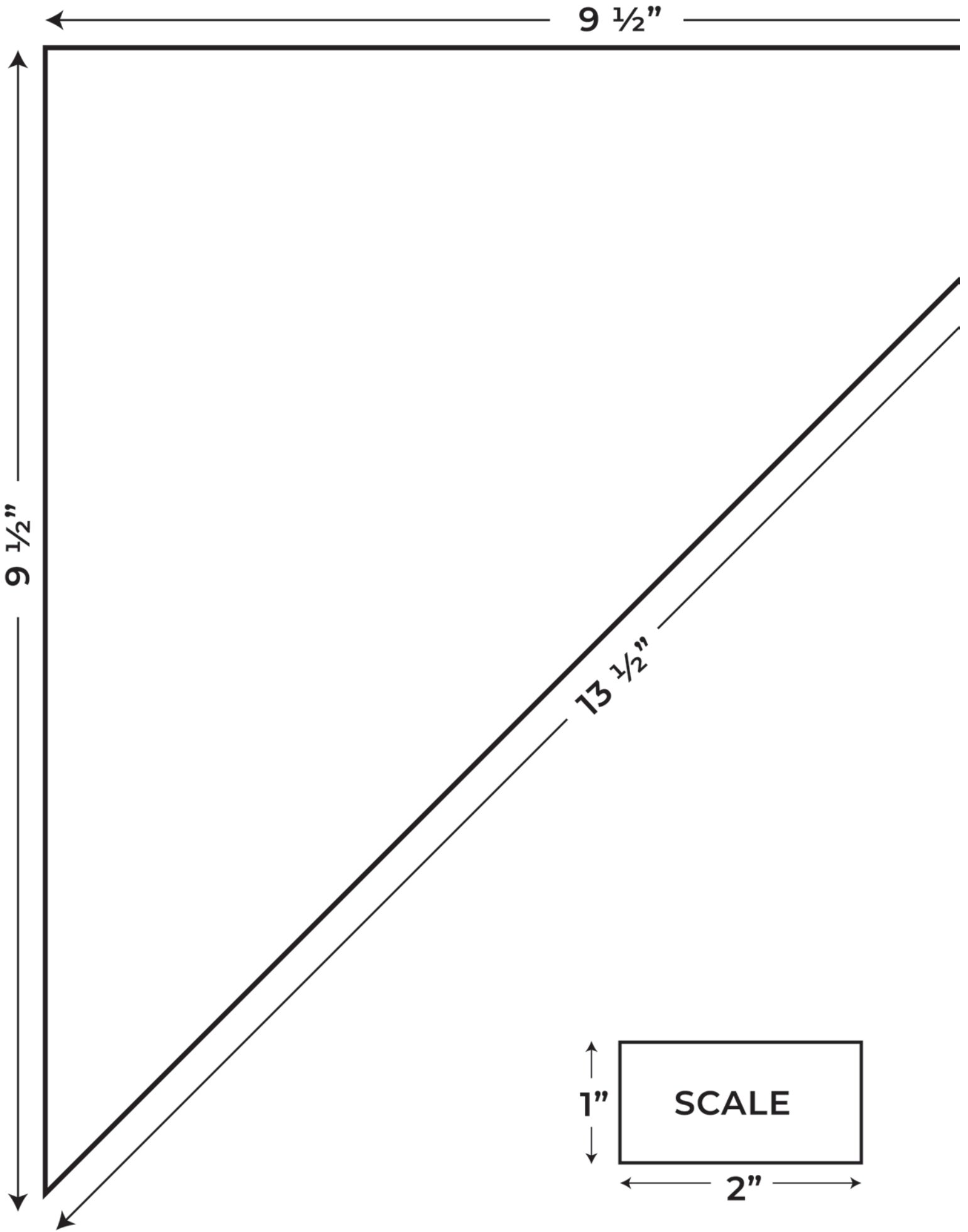
**Upper looper:** serger cone thread

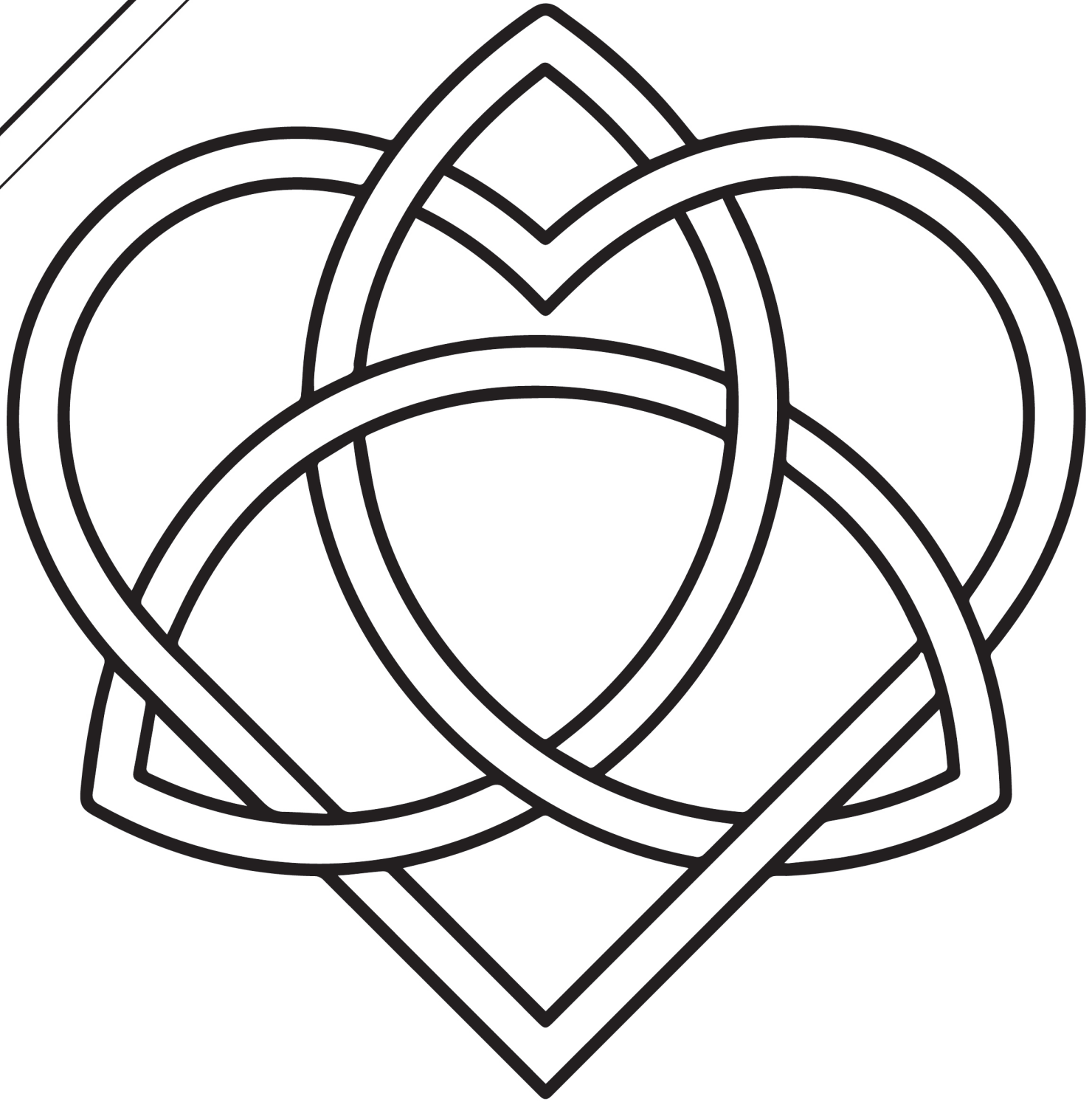
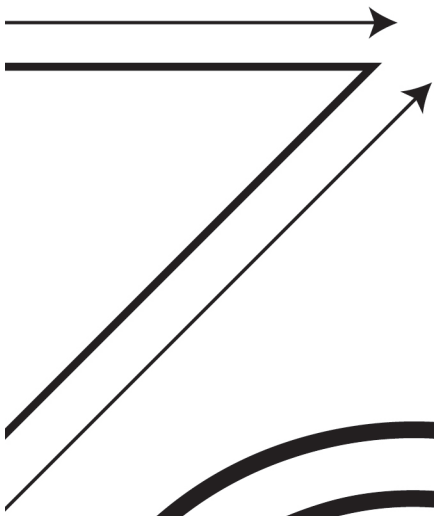
**Lower looper:** fusible thread



29. Turn and press the binding. The fusible thread will hold the back side of the binding while you stitch in the ditch or hand stitch it in place permanently.







CELTIC KNOT HEART = 8" x 8"